

Resources to Help.

Take My FOSRENOL (lanthanum carbonate).
Understand My Plan.

Indication

- FOSRENOL is a prescription medicine used in people with end stage renal disease (ESRD) to lower the amount of phosphate in the blood.

Important Safety Information

- Do not take FOSRENOL if you have blocked bowels or severe constipation.

Please see Important Safety Information on pages 2 and 3 and click here for [Full Prescribing Information and Medication Guide](#).

FOSRENOL
ON TRACK
SUPPORT PROGRAM



Important Safety Information

Indication

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Important Safety Information

- Do not take FOSRENOL if you have blocked bowels or severe constipation.
- Tell your doctor if you have or have had surgery, ulcers, cancer in the stomach or bowel, blocked bowels, constipation, or problems resulting in decreased movement of food through your stomach and bowel (feeling full quickly after eating or constipation)—especially if you also have diabetes. If you have any of these conditions and are taking FOSRENOL, you may have a higher risk of bowel blockage, a hole in the bowel, or severe constipation. These can be serious and may require surgery or hospitalization.
- **Do not swallow tablets whole, as your chance of having serious stomach or bowel problems may increase. Chew tablets completely before swallowing. If you cannot chew tablets completely, or if you have tooth disease, you may crush the tablets completely before swallowing or discuss the oral powder formulation with your healthcare provider. Take FOSRENOL with or right after meals.**

- Tell your doctor if you have, ulcerative colitis, Crohn's disease, or an infection or inflammation of the stomach/bowel (peritonitis).
- Tell your doctor that you are taking FOSRENOL before having an x-ray of your stomach (abdomen).
- The most common side effects reported in clinical studies of FOSRENOL were nausea, vomiting, diarrhea, and stomach pain.
- Tell your doctor about all of the medicines you are taking, including prescription and non-prescription medicines, vitamins, and herbal supplements. Especially tell him or her if you take antacids, antibiotics, or thyroid medicine.
- Talk to your doctor if you are pregnant, plan to become pregnant, or plan to breastfeed. It is not known if FOSRENOL will harm your unborn baby.
- FOSRENOL has not been studied in patients under 18 years of age.

Please click here for [Full Prescribing Information and Medication Guide](#).

The Basics

You have been diagnosed with high phosphorus related to your end stage renal disease. This means you have excess phosphorus in your blood. **Talk to your doctor to learn more about your condition and what you can do about it.**

When you eat or drink, your body breaks everything down. This is called digestion. Part of digestion includes absorbing phosphorus.

What you can do

To help **lower** your high phosphorus

- Follow your kidney-friendly **diet** plan as directed by your dietitian or doctor
- Go to every **dialysis** appointment — and stay for the entire session
- Always take your **FOSRENOL** as directed by your doctor

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Why FOSRENOL (lanthanum carbonate)?

Because diet and dialysis may not remove all the extra phosphorus, your doctor has prescribed a phosphate binder called FOSRENOL to help you lower your phosphorus levels.

Patients on dialysis may need to take a phosphate binder, like FOSRENOL, to remove some of the phosphorus left behind after dialysis.

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- Tell your doctor if you have or have had surgery, ulcers, cancer in the stomach or bowel, blocked bowels, constipation, or problems resulting in decreased movement of food through your stomach and bowel (feeling full quickly after eating or constipation)—especially if you also have diabetes. If you have any of these conditions and are taking FOSRENOL, you may have a higher risk of bowel blockage, a hole in the bowel, or severe constipation. These can be serious and may require surgery or hospitalization.

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How to Take FOSRENOL[®]

1. Do not swallow tablets whole.
2. Chew your FOSRENOL completely.
3. If chewing is difficult, FOSRENOL can be crushed to aid in chewing.
4. FOSRENOL tablets to be taken with or right after meals.
5. Take your FOSRENOL as directed by your doctor.
6. Carry your FOSRENOL with you when you are eating out.

Remember

FOSRENOL (lanthanum carbonate) can work only if you

- Take it with or right after meals
- Chew it completely before swallowing

Important to know about FOSRENOL

There is a potential for side effects with FOSRENOL.

The most common side effects of FOSRENOL include

- Nausea
- Vomiting
- Diarrhea
- Stomach pain

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the side effects of FOSRENOL.

For more information, ask your healthcare provider or pharmacist.

Always take your medications as directed by your healthcare provider.

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You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit **www.fda.gov/medwatch** or call **1-800-FDA-1088**.

Be sure to consult your healthcare provider with any questions about your condition or treatment.

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www.fosrenol.com/patient-support
www.fosrenol.com

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